Blind Search

**GOAL:** Allow athletes to see the importance of concentration and team work

**NUMBERS:** Divide teams into 4 or 5 groups

**EQUIPMENT:** Any small to midsize object like a softball, etc

**SPACE:** A larger open space like the practice or playing surface, a gym, or cafeteria

**GAME PLAN:**

Divide into teams and go to separate corners of the room. Pick one teammate from each team to wear a blindfold. All teammates must be silent while the object is being hidden by the coach. When the game starts, each team must not move, but the team members verbally direct their blindfolded teammate to the hidden object. The first blindfolded teammate to find the object wins and scores a point. Rotate through so that each teammate wears the blindfold and start again. The team with the most points after everyone has worn the blindfold wins.

**WRAP UP:**

Did all of your teammates participate? What happened when people chose to not participate?

How did you treat your blindfolded teammate if they did not find the object first?

How might this apply to us when we are competing?

**VARIATIONS:**

Using obstacles makes the game fun and more challenging.