Flip- Flop

**GOAL:** Reinforce the importance of teamwork and communication

**NUMBERS:** Divide teams into groups of about 10 or so.

**EQUIPMENT:** Tarp, blanket, mat about 4 x 8 feet

**SPACE:** Small area the size of a classroom or a quarter of a basketball court

**SAFETY:** Team members should not be allowed to get on each other’s shoulders or jump in any manner.

**GAME PLAN:**

This is a simple activity that can be very challenging if team members aren’t willing to discuss the possibilities before beginning. Begin this activity by having all team members stand on the tarp. Once everyone is on the tarp, they must turn the tarp over and stand on the other side. The key point to make during this activity is that they can only touch the tarp. The team must start again if any team member touches the floor.

**WRAP UP:**

What did the team have to do to accomplish the goal?

What were the responses if someone touched the floor?

How can this activity apply to what we have to do as a team to be successful?

**VARIATIONS:**

Have subgroups compete with each other to see who can accomplish the task the quickest.

From Karl Rohnke , Funn Stuff III (Kendall/Hunt Publishing: Dubuque, Iowa, 1995)