Getting Connected

Hero, Hardship and Highlight-

Team members share who their hero is, a highlight (great moment) in their life, and a hardship they had to face.

Defining Moment-

People share a defining moment in their life

Two lies and a truth-

Each member of the team has few minutes to think of three statements they will share aloud with the team. Two statements should be a lie and one of them should be a truth. The team tries to guess which statement is the truth.

If you really knew me, you would know *this* about me-

Each member takes a turn sharing something that many will not know about them already.

When individuals grow and connect, teams become stronger. When team members connect and build strong relationships, they don’t just work with each other. They work *for* each other.

From: John Gordon, *You Win in the Locker Room First*